

Know what you are getting. If it doesn't say Invisalign, it's not.

Don't be afraid to ask what product you are being recommended and why, and where you can access further information.



Invisalign treatment is a series of clear plastic removable orthodontic aligners that gently move patients' teeth. An orthodontist or Invisalign trained dentist will be able to advise whether Invisalign treatment is right for you. Invisalign must be administered by a healthcare professional. You should always read and follow their directions for use.

Your 'must-ask' checklist.



Know the facts.

- What teeth straightening options can help me achieve the outcomes I am looking for?
- Why is an in-person examination with a registered specialist orthodontist or dentist recommended before beginning treatment?



Know what to ask.

- What are the potential risks associated with the treatment option I am being recommended?
- Who will be responsible for applying or fitting the product and who will manage my care throughout treatment?
- Who do I contact if I am experiencing excessive pain or discomfort or my aligner doesn't seem to fit properly?
- Will I be able to schedule an in-person appointment with my treating specialist orthodontist or dentist if I want one?



Know what you are getting.

- What orthodontic product am I being recommended and why?
- Has the product I am being recommended had any product recalls or alerts issued by a regulator?
- Where can I find out more information about the product I am being recommended?

Be clear on the facts.

Thinking about
teeth straightening?



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Know the facts.
Know what to ask.
Know what you are getting.



Be clear on the facts.

With more choices when it comes to teeth straightening, it's now more important than ever to be clear on the facts – the differences in treatment options, the providers and the products.

Understand some of the potential risks when it comes to teeth straightening.

All teeth straightening procedures involve risks, but you can minimise preventable risks to your health and safety if you know the facts, know what to ask, and know what you are getting.



Know the facts.

A range of medical devices can be used to straighten teeth including braces and clear aligners. And so it's worth investing in a consultation with a registered specialist orthodontist or dentist to know the facts about different treatment options.

An in-person examination conducted by a registered specialist orthodontist or dentist, together with x-rays, are clinically essential before starting orthodontic treatment. These help to detect and diagnose underlying conditions such as gum disease, which may cause issues during straightening procedures.



Know what to ask.

As with most medical procedures, there is a degree of risk associated with teeth straightening. The registered specialist orthodontist or dentist responsible for your procedure also has the responsibility to care for you throughout your treatment.

You should always receive advice on your treatment plan and any potential risks in relation to your treatment. If you are using clear aligners, you should always receive instructions on how to use them.



Know what you are getting.

Many products for teeth straightening are referred to using generic terms such as 'braces' or 'clear aligners'.

Ask the following questions: what is the brand name of the product I am receiving? What is the name of the company that makes the product, and where is it manufactured? Has the product you are being recommended had any product recalls or alerts issued by a regulator?

If a registered specialist orthodontist or dentist is advertising themselves as an Invisalign Provider, confirm they are actually using Invisalign brand clear aligners.



Prior to commencing any treatment, choose to invest in an in-person examination with a registered specialist orthodontist or dentist.